

# 2397 S.M. OATMEAL CHOC. CHUNK

Number of Servings: 1333.31 (34.02 g per serving)

Weight: 45359.24 g

## Nutrition Facts

Serving Size (34g)

Servings Per Container

Amount Per Serving

Calories 150    Calories from Fat 70

% Daily Value\*

Total Fat 8g    12%

Saturated Fat 4g    20%

Trans Fat 0g

Cholesterol 10mg    3%

Sodium 80mg    3%

Total Carbohydrate 19g    6%

Dietary Fiber 1g    4%

Sugars 10g

Protein 2g

Vitamin A 0%    •    Vitamin C 0%

Calcium 0%    •    Iron 6%

\*Percent Daily Values are based on a diet of 2,000 calories per day. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

### Ingredients:

Enriched Wheat Flour (Wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Chocolate Chunks (Chocolate liquor processed with alkali, sugar, milk fat, cocoa butter, butterfat [milk], soy lecithin [added as an emulsifier], salt, vanilla, vanillin [an artificial flavor]), Brown Sugar, Vegetable Margarine (Liquid soybean oil, palm oil, palm kernel oil, skim milk, cultured skim milk, salt, vegetable mono and diglycerides and soy lecithin [emulsifiers], artificial flavor, vitamin A palmitate, colored with beta carotene [source of vitamin A]), Oats, Water, Interesterified Soybean Oil, Invert Sugar, Whole Egg Solids (Whole egg solids, sodium silico aluminate [processing aid]), Baking Soda, Natural and Artificial Flavors (milk), Salt, Non-Fat Dry Milk, Ground Cinnamon. (01/27/16)

### Allergens:

Contains Egg, Milk, Soy, Wheat.



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## GREGORY'S ALLERGEN STATEMENT FRM088

**Ingredient:** SWEET MARTHA OATMEAL CHOCOLATE CHUNK 12-20 OZ.

**Ingredient Code:** 2397

ALLERGEN	PRESENT IN PRODUCT	USED IN SAME EQUIPMENT	PRESENT IN PLANT
Cereals containing gluten, such as wheat, rye, barley, oats, spelt, buckwheat and triticale.	YES	YES	YES
Peanut, and peanut products.	NO	YES	YES
Soybean and soy products.	YES	YES	YES
Tree nuts, such as almond, brazil nut, cashew, hazelnut (filbert), macadamia, pecan, pine nut, pistachio, and walnut.	NO	YES	YES
Milk and dairy products.	YES	YES	YES
Crustacea and crustacea products.	NO	NO	NO
Egg and egg products.	YES	YES	YES
Fish and fish products.	NO	NO	NO
Other allergens such as cottonseed, sesame seed, poppy seed, sunflower seed, other legumes, mollusks, celery, rice and buckwheat.	NO	YES	YES

REVISED DATE: 01/27/16.  
ISSUED: 02/06/15.  
REPLACES: 02/06/15.