
5265 SWEET MARTHA COOKIE

Number of Servings: 453.64 (100 g per serving)

Weight: 45363.77 g

Nutrition Facts

servings per container

Serving size (100g)

Amount per serving

Calories **400**

% Daily Value*

Total Fat 6g 7%

Saturated Fat 2g 11%

Trans Fat 0g

Cholesterol 65mg 21%

Sodium 450mg 20%

Total Carbohydrate 81g 29%

Dietary Fiber 1g 3%

Total Sugars 52g

Includes 52g Added Sugars 104%

Protein 6g

Vitamin D 0mcg 2%

Calcium 26mg 2%

Iron 3mg 15%

Potassium 80mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients:

ENRICHED WHEAT FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, MALTED BARLEY FLOUR), SUGAR, BROWN SUGAR, PASTEURIZED WHOLE EGG SOLIDS, VEGETABLE SHORTENING (SOYBEAN OIL AND FULLY HYDROGENATED SOYBEAN OIL), BAKING SODA, SALT, NATURAL AND ARTIFICIAL FLAVOR (MILK). (08/09/22)

Allergens:

Contains Egg, Milk, Wheat.